

Making Your Home Senior Friendly Checklist

Remove Clutter and Obstacles

Electrical cords	
Move furniture out of pathways	
Tape down or remove rugs	
Remove raised thresholds	

Improve Lighting

Install Full-spectrum bulbs to reduce glare	
Add lights to hallways	
Replace light switches with illuminated rocker switches	
Install under cabinet lights in the kitchen	
Add motion sensor lights to porches and driveways	
Install lights that can be activated by clapping	

Bathroom Adjustments

Add non-skid mats	
Install a handheld showerhead	
Replace knobs with easy to use lever handles	
Install grab bars around the toilet and shower	

Other Safety Precautions

Install fire extinguishers in strategic places	
Install fire and carbon monoxide detectors	
Add wheelchair ramps where necessary	